

Dr. Radhika Achari, BCBA, EdD

Founder of Analyze & ACT · creator of Bridge to College Independence™

Behavior science that gets neurodivergent teens ready for life after high school.

Short Bio (50 words)

Dr. Radhika Achari is a Board Certified Behavior Analyst (BCBA), EdD, and special-needs parent. Through Analyze & ACT she coaches families of neurodivergent teens to close the independence gap — the distance between a college acceptance letter and a teen who can actually run their own life.

Long Bio (120 words)

Dr. Radhika Achari spent two decades in behavior analysis before her own family taught her what the research already showed: motivation is not the bottleneck — competence is. She founded Analyze & ACT to give burned-out parents of neurodivergent teens something more useful than another pep talk, building the four-step Analyze & ACT Method™ and the Bridge to College Independence™ program around six domains of real-world readiness: self-care, executive function, money, health, social navigation, and self-advocacy.

Her work blends applied behavior analysis, neuropsychology, and autonomy-supportive coaching, and she is a frequent podcast guest on neurodivergence, parent burnout, and the college readiness gap. She holds an EdD and is a Board Certified Behavior Analyst.

Fast Facts

- Board Certified Behavior Analyst (BCBA), EdD, and parent of a neurodivergent child
- Program: Bridge to College Independence™, built on the Analyze & ACT Method™
- Audience: parents of neurodivergent teens and young adults, ages 13–22
- Based in the United States; available virtually worldwide and in person nationally
- Web: <https://analyzeandact.com> · Instagram: @analyze_n_act

Speaking Topics

Topic	What the audience walks away with
The Independence Gap	Why bright neurodivergent teens get into college and still struggle to stay — and the six domains that predict who thrives.
Getting Teen Buy-In Without a Fight	Autonomy-supportive strategies that replace nagging with agreements teens actually keep.
Executive Function Is a Skill, Not a Trait	How behavior science builds follow-through systems for laundry, meds, money, and deadlines.

Topic	What the audience walks away with
The Burned-Out Parent	Emotional regulation and rest as strategy for parents carrying the full cognitive load.
From Accommodation to Self-Advocacy	Teaching teens to request, document, and defend their own supports before campus.
The Analyze & ACT Method™	A four-step framework for turning parent overwhelm into a measurable independence plan.

Speaking Rates

Format	Length	Investment
Podcast or radio interview	30–60 min	Complimentary
Expert commentary / quotes for press	As needed	Complimentary
Virtual workshop or webinar	60–90 min	\$1,500
Half-day parent or staff training	3–4 hours	\$2,500
Conference keynote	45–60 min	\$3,500–\$5,000
Full-day intensive / retreat	6 hours	\$6,000

Rates are for U.S. engagements and exclude travel. Reduced and pro bono rates are reserved for parent support groups, school districts, and nonprofit disability organizations — please ask.

Interview Formats & Tech

- Remote: Riverside, Zoom, StreamYard, or Squadcast — wired broadcast mic and 1080p camera
- Quiet, treated home studio; available weekdays 9am–5pm Central, evenings on request
- Headshots, logo files, and pre-written intro copy supplied on booking

Booking & Media Contact

Dr. Radhika Achari · Radz.Achari@gmail.com

Media kit online: <https://analyzeandact.com/media-kit> · Press kit: <https://analyzeandact.com/press-kit>

Typical response time: one business day.